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**BEBOLD.
GET COLD.**



Date: Saturday, February 15th
Location: Belleville Yacht Club
831 E. Huron River Drive

- **10:00am - Plunge Check-In Opens & Pre-Plunge Party**
- *Turn in cash & check donations, get your incentives, prepare to plunge!*
- **12:00pm - Plunge into Belleville Lake**
- *Plungers will walk on the dock and jump into the hole cut by the dive team, who will be there to assist you out of the water. All spectators should remain on shore and on the restaurant patio.*
- **After - After-Splash Bash & Awards**
- **Lunch is included for all plungers who raise \$100+. Drinks & Lunch for spectators is available for purchase on-site.**
- *The Polar Plunge for Special Olympics Michigan event series is presented by: Law Enforcement TORCHRUN for Special Olympics Michigan.*

You can support the Arc Downriver for this event in the following ways: Be a plunger or Make a pledge to a Plunger. We are in need of items like Gift Cards for food, shopping, movies, etc., Event Tickets, Wine, Scratch Off and much more to create Raffle Baskets. If you are able to donate completed Raffle Baskets, that would be so very helpful.

Contact Brenda Zeqiri (313) 402-5621 or Beth at the office (734) 283-0710 with your donations or if you have any questions. Thank you a head of time for your support!

THE ARC DOWNRIVER PYRAMID

Mission Statement

To advocate for individuals with intellectual and/or developmental disabilities, have cognitive impairments and their families by promoting choices, creating opportunities, and providing support needed to *fully participate* in the community.

The Arc Downriver
1028 Oak Street
Wyandotte, MI 48192

Office: Beth Klocek

Phone: 734-283-0710

Fax: 734-283-9018

Email: arcriver@sbcglobal.net

Website: www.downriverarc.org

Facebook: www.facebook.com/TheArcDownriverOFFICIAL

JANUARY OFFICE HOURS:

Monday: 10:00 am - 2:00 pm

Tuesday: 10:00 am - 2:00 pm

* Wednesday: Call Office or see FB Page

Thursday: 10:00 am - 2:00 pm

Friday - Closed

* Unless otherwise stated on our Face Book Page or phone message.

Please call before coming to the office to make sure that someone is at the office to assist you, thank you!!

The Arc Downriver Board of Directors

OFFICERS (2023 - 2025)

President: Brenda Zeqiri

Vice President : Linda Junod

Secretary: Carla March

OFFICER (2024 - 2026)

Treasurer: Dennis Glinski

DIRECTORS (2023-2025)

James Hamric /
Crystal Jennings

DIRECTOR (2024 - 2026)

Kevin Martin

EXECUTIVE DIRECTOR

Kevin McGuckin

Proudly serving children and adults with intellectual and/or developmental disabilities since 1954.

Affiliated with The Arc of the U.S. and The Arc of Michigan.

A member agency of



DJ	Barber
Amanda	Ferree
Brandon	Ford
Tim	Franzen
Trevor	Hamm
Robert	Jarvis
Eric	Junod
Joseph	Keller
Tyler	Lucking
Elizabeth	Ottenbreit
Tamra	Perkins
Philip	Piasecki
Louie	Smalley
Diana	Wayryen
Thomas	Wendl, Jr.

Serving eighteen communities in the Downriver area for 70 years: Allen Park, Brownstown Township, Ecorse, Flat Rock, Gibraltar, Grosse Ile, Lincoln Park, Melvindale, New Boston, River Rouge, Riverview, Rockwood, Romulus, Southgate, Taylor, Trenton, Woodhaven and Wyandotte.

Advocates:

Working to fulfill the mission in accordance with the Arc of the United States, advocating for individuals who are intellectual developmentally disabilities and/or cognitively impaired and their families by promoting choices, creating opportunities and providing support needed to fully participate in the community.

Bylaw Amendment Vote

The results are in! Forty members attended the Special Membership Meeting held on December 3rd. The vote was unanimous to approve the Amended and Updated Bylaws of The Arc Downriver. Thank you members for your participation and attendance at this important meeting! The Arc Downriver will ring in the new year with bylaws that will be more effective for the Board and Membership!

Wishing you all a safe and happy New Year!

The Board of Directors

Full copies of current Bylaws are available at Arc Downriver Office.

Happy
New Year



The Board of Directors and staff thank all who have been so generous with your donations, coaching, volunteering and support of everything that is offered through The Arc Downriver!



Memorial Donations in Loving Memory of Kim Page

Given by: ***Ron & Jeri Riling
Diane Reed
Jeffrey & Becky Daley
Stephanie & Tom Nankervis
The Herbst Family
Don and Beverly Witchelhouse
Patricia Gorno***



Memorial Donations in Loving Memory of Debbie Anderson

Given by: ***Angela Gronda***



Thank you for your December Donations:

- ◆ **Our Monthly Donators: Craig Soubliere and Jean Dowis.**
- ◆ **Everyone that has Kroger Rewards for The Arc Downriver!**
- ◆ **The Sabat family for sponsoring our Christmas Concert!**
- ◆ **Nicholas Garland**
- ◆ **Ann and William Richardson**
- ◆ **Aristeo contributed to our sports program.**



Advocacy Christmas Shop 2024





Art at the Arc News

Art at the Arc is a therapeutic acrylic painting class. Each monthly session takes place from (5:30-7:00 pm) at the Arkay Building. It is taught by *Elroy Grandy*, one of Downriver's finest artists. There is a \$25.00 fee per month.

◆ Artists please note that the first Wednesday of each month begins a new art session. Please pay during class, not at the Arc Downriver office, on or before each session so that we may plan accordingly as classes fill up quickly.

◆ **We are limited to 18 artists at this time.** Please register early each month.

◆ **We are in need of VOLUNTEERS. Call the office at 734-283-0710 if interested. Thank you!**

Art at the Arc Class Registration

(Wednesday, February 5, 12, 19, 26)

\$25 Fee is Non-
Refundable and
Non-Transferable

Name: _____

Phone Number: _____ Email _____

Amount Paid _____ Cash _____ Check # _____ Staff Initials _____

Art at The Arc staff would really appreciate it if all art students pay for their monthly art class fee during Art Class hours not at the office. If for some reason you are unable to do this, and have paid at the Arc Downriver office, please bring your receipt on the evening the class begins so the staff will know that you have paid for that class and can add your name to the list of students. If you can not pay, but would like to participate contact the office (734-283-0710) or tell a staff member.

Thank you

The Art at The Arc Downriver Program is looking for **Volunteers** to work with our student's during their art class on Wednesday evenings. If this is something that might interest you, please call the Art Downriver Office at 734 - 283 - 0710. We're looking for dedicated people that just love art and want to spread their love and knowledge of art to others.



**Our Next Dance will be Saturday, January 18, 2025
6:00 - 8:00 pm at the Arkay Building on Eureka Rd.**

Please RSVP by calling the office 734-283-0710 or emailing the office at arcriver@sbcglobal.net to let us know you will be attending.

If you would like to purchase pizza, there will be a \$2.00 fee at the door. You can bring your own pop, water or coffee to the dance. Bottled water will be available. You **MUST** be a member to attend. Your friends **MUST** also be a member to attend. We welcome their support of the Arc Downriver. If your membership has expired, please contact the office or go to our website at downriverarc.org to fill out the form and pay on line. Thank you.

January 2025

PLEASE NOTE: Photos and/or video may be taken at all of the Arc Downriver sponsored events (sports, art, etc.). These images may be used in print and/or electronic media. If you would prefer that your image NOT be used, please contact the Arc Downriver office.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1028 Oak Street, Wyandotte, MI 48192 (734) 283-0710 arcriver@sbcglobal.net PLEASE CALL TO THE OFFICE BEFORE ARRIVING TO MAKE SURE SOMEONE IS THERE TO ASSIST YOU! Thank you!!		1  Office Is Closed	2 Office Is Closed	3 Fall Bowling Indian Lanes 2:30 - 4:30 pm Arrive by 2:15 Bowling starts at 2:30 pm Office Is Closed	4
5	6 Basketball Practice	7	8 Art Class at the Arkay Building 5:30 –7:00 pm Basketball Practice	9	10 Fall Bowling Indian Lanes 2:30 - 4:30 pm Arrive by 2:15 Bowling starts at 2:30 pm Office Is Closed	11
12	13 Basketball Practice	14 BOD Meeting	15 Art Class at the Arkay Building 5:30 –7:00 pm Basketball Practice	16	17 Fall Bowling Indian Lanes 2:30 - 4:30 pm Arrive by 2:15 Bowling starts at 2:30 pm Office Is Closed	18 Monthly Dance at the Arkay Building 6-8 pm Please RSVP 734-283-0710
19 Basketball Fun Game at Woodhaven High School	20 No Basketball Practice	21	22 Art Class at the Arkay Building 5:30 –7:00 pm Basketball Practice	23	24 No Fall Bowling Office Closed	25
26	27 Basketball Practice	28	29 Art Class at the Arkay Building 5:30 –7:00 pm Basketball Practice	30	31 No Fall Bowling Office Closed	

***Participants in Adventure Club, Art at the Arc and the dances MUST be current Arc Downriver members, have a signed Consumer Activity Policy on file, and have a current Emergency Card on file. If you have not updated your Emergency Card lately, renewed your membership or signed the new Consumer Activity Policy, please see the staff.**

Proudly serving eighteen communities in the Downriver area for over 65 years: Allen Park, Brownstown Township, Ecorse, Flat Rock, Gibraltar, Grosse Ile, Lincoln Park, Melvindale, New Boston, River Rouge, Riverview, Rockwood, Romulus, Southgate, Taylor, Trenton, Woodhaven and Wyandotte.

Sports News:

Please turn in your Sports Fundraiser Sheet by January 16th. You can drop it off at the office or give to Brenda.

Please Help the Arc Downriver Achieve for the Future!

To help us reduce expenses and meet our Organization's mission we are in need of the items listed below. Should you have any of these items that are new and would like to donate them to our organization, please drop off at the Arc Downriver at 1028 Oak Street, Wyandotte, MI 48192 or contact the office at (734) 283-0710. With your donation and continued support of any item on this list, you are helping us fulfill our mission of providing programs, services and advocacy for people with intellectual and/or developmental disabilities:

Items for Fundraising and Programs:

Fundraising is our main source of income for our organization. Any and all donations are greatly appreciated.

- Restaurant Gift Cards, Shopping Gift Cards, etc.
- Tickets to Sporting Events
- Tickets to Entertainment/Cultural Events
- Gift Certificates for Spa's, Hotels, Restaurants
- Sports Memorabilia
- Bottle Water
- Monetary Donation (cash, check or on our website at www.downriverarc.org)

Hygiene Closet at the Arc Downriver Office:

- Tooth Brushes
- Toothpaste
- New Combs and Brushes
- Shampoo/Conditioner (men & women)
- Soap & Body Washes (men & women)
- Deodorant (men & women)
- Laundry Detergent
- Hand Sanitizer
- Underwear (men & women sizes large and up)
- Socks (men and women)



Arc Downriver Track and Field Or Bocce Ball

Start Date will be Determined - You will be notified.



PLAYERS:

- Must be a current Arc Downriver member.
- Must have a signed Special Olympics Athlete Release Form and a current Special Olympics Athlete Medical Form (physical) on file at The Arc Downriver Office. The physical cannot expire before the end of the season. If the current physical expires before the end of the season, a new physical must be submitted prior to the start of Track and Field or Bocce. Physicals renew every 3 years.
- Must be 16 years or older to participate.
- Must wear appropriate clothing.
- Must return your permission slip below to the Arc Downriver office no later than Wednesday, January 22, 2025.



Track and Field Or Bocce Ball Sign-Up Sheet for 2025

PLEASE CIRCLE ONE SPORT BEFORE YOU TURN IN THE FORM, *Thank you!*

Name of Athlete: _____ Birth Date: _____

Address: _____

Phone Number: _____ Size _____

Email: _____

I understand that for my son/daughter to participate in the 2025 Track and Field or Bocce season, my son/daughter must have a current Special Olympic Health Appraisal and **Parental Consent Form on file in the Arc Downriver office.**

Signature of Parent or Guardian: _____

Will you be attending State Games in Mt. Pleasant YES _____ No _____
(Date to be determined for State Games)

Please drop off, mail, fax (734-283-9018) or email (arcriver@sbcglobal.net) to The Arc Downriver Office, 1028 Oak Street, Wyandotte, MI 48192 by Wednesday, January 22, 2025.



A Friendly Reminder: It's Time to Renew!
Please help the Arc Downriver continue it's mission.
WE NEED YOU!

Please note that being a member of another Arc does not mean you are a member of the Arc Downriver. Your updated Membership is required and must be up to date to be able to participate in the following: Dances, Sports Programs, Arc Downriver events, Art at the Arc or to receive your requested mailed newsletter.

Thomas	Abela	2/28/2025
Andrew	Baron	2/28/2025
Mickaela	Bartel	11/30/2024
Theresa	Beard	11/30/2024
Wendy	Berry	12/31/2024
Mike	Brennan	10/31/2024
James	Buber	2/28/2025
Pansy	Coleman	2/28/2025
Sonya	Cook	10/31/2024
April	Davey	1/31/2025
Joseph	Doherty	2/28/2025
Amy	Douglas	10/31/2024
Desiree	Estrada	2/28/2025
Janice	Finley	2/28/2025
Harold	Foley	2/28/2025
Brandon	Ford	8/31/2024
Sonya	Frazier	11/30/2024
Jamie	Gaston-Ealom	12/31/2024
Rachel	Heitchue	1/31/2025
Michael	Herbst	2/28/2025
Ben	Honeycutt	2/28/2025
Mary	Jarvis	8/31/2024
Linda	Junod	2/28/2025
Jarret	Kronell-Becker	1/31/2025
Samantha	Leon	2/28/2025
Delia	Martin	2/28/2025
Danielle	Mayville	2/28/2025
Shirley	Mead	2/28/2025
Lauren	Metiva (Renner)	10/31/2024
Amanda	Michalik	10/31/2024
Stephanie	Nankervis	11/30/2024
Nicole	Parker	2/28/2025
Kelly	Patz	1/31/2025
Susan	Rangel	10/31/2024
Christine	Robb	2/28/2025
Ruth	Rose	11/30/2024
Maria	Rosiak	1/31/2025

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Janice	Slattery	8/31/2024
Amy	Slowik	10/31/2024
Jay	Steinert	12/30/2024
Thomas	Stone	2/28/2025
Colin	Straub	10/31/2024
Mike	Sullivan	12/31/2024
Amy	Taylor	10/31/2024
Susan	Votry	8/31/2024
Robert	Wielgosz	12/31/2024

Please *renew* your membership to *support* the many programs and services offered by *The Arc Downriver*! Fill out the membership form in the newsletter and drop it off or mail it or email to *The Arc Downriver, 1028 Oak Street, Wyandotte, MI 48192.*



If you see your name and have already updated your membership, or wish to be removed from the list please contact the office.
Thank you!

We could use another voice...yours. Please decide to help others. Join the Arc movement.

____NEW MEMBERSHIP OR ____RENEWAL APPLICATION

Type of Membership (check one): ____Individual ____Family ____Group Home

INDIVIDUAL OR FAMILY MEMBERSHIP — Please fill out this section

First Name(s) _____ Last Name _____

Street Address _____

City _____ State _____ Zip _____

Participant's Name _____ Participant's Birthdate _____

Phone Number _____

Email Address _____

Please check one of the following boxes:

☐

Self-Advocate

☐

Professional in the Field of Developmental Disabilities

☐

Self-Determination Home

☐

Parent/Relative of Person with Developmental Disabilities

GROUP HOMES — Please fill out this section.

Group Home Name _____ Phone Number _____

Street Address _____ City _____ State _____ Zip _____

Group Home Manager _____ Number of Residents _____

Please list the group home residents below along with their birthday. Use an additional page if needed.

First Name _____ Last Name _____ Birth Date _____

First Name _____ Last Name _____ Birth Date _____

First Name _____ Last Name _____ Birth Date _____

First Name _____ Last Name _____ Birth Date _____

\$ _____ Membership Fee (\$30 for individual, family, or group home) – **non-refundable**

\$ _____ Additional Donation

\$ _____ Total Amount Enclosed

Arc Downriver
1028 Oak Street
Wyandotte, MI 48192

The Arc Downriver
1028 Oak St.
Wyandotte, MI 48192

Affiliated with:
The Arc U.S.
The Arc Michigan



United Way
Community Services

ATTENTION MEMBERS

IF SPORTS OR ACTIVITIES ARE CANCELLED DUE TO BAD WEATHER PLEASE SEE OUR FACE BOOK PAGE:

As soon as a decision is made to cancel an event or activity for any reason, the cancellation will be posted on Facebook. If Schools are cancelled due to weather, Arc Downriver activities, practices or events will be cancelled. The Arc Downriver Office will also be closed.

As we are about to enter the snowy season of the year, check our Facebook/OFFICIAL page for cancellations. **For SPORTS** an email or text from the Coach will go out if an event has been cancelled due to weather. If you require a phone call let your Coach know so that you can be contacted. Thank you.



And SHARE [www.facebook.com
TheArcDownriverOFFICIAL](http://www.facebook.com/TheArcDownriverOFFICIAL)