



**December
2023**



THE ARC DOWNRIVER PYRAMID

You're Invited to Our Annual Christmas Concert

Performance by:

"The Downriver Community Band"

Date: Tuesday, December 12, 2023

Time: 7:00pm (doors open at 6:45 pm)

**Location: Sophia's Banquet Center
(Located inside Grizzly's at the Canopy)
1519 Oak Street
Wyandotte, MI 48192**

- ◆ *Sophia's is sponsored by Tricia Sabat*
- ◆ *Jo Brighton's Cookies and bottled water will be available after the concert*

This is a free concert for Arc Downriver members, families and guests, group homes, and anyone else that wishes to attend this wonderful performance by "The Downriver Community Band".

This is a fun night with wonderful music by awesome musicians. Hope to see you there!

Mission Statement

To advocate for individuals with intellectual and/or developmental disabilities, have cognitive impairments and their families by promoting choices, creating opportunities, and providing support needed to *fully participate* in the community.

The Arc Downriver
 1028 Oak Street
 Wyandotte, MI 48192

Office: Beth Klocek

Phone: 734-283-0710

Fax: 734-283-9018

Email: arcriver@sbcglobal.net

Website: www.downriverarc.org

Facebook: [www.facebook.com/
TheArcDownriverOFFICIAL](http://www.facebook.com/TheArcDownriverOFFICIAL)

Office Hours:
Monday - Thursday
9:30 am - 2:00 pm
Friday – Closed

Please call before coming to the office to make sure that someone is at the office to assist you, thank you!!

The Arc Downriver Board of Directors

OFFICERS

President: Brenda Zeqiri
 Vice President : Linda Junod
 Treasurer: Kevin Martin
 Secretary: Carla March

DIRECTORS 2023-2025

James Hamric / Kathy Smalley /
 Crystal Jennings

Past BOD President and Board Member

Dennis Glinski

EXECUTIVE DIRECTOR

Kevin McGuckin

Proudly serving children and adults with intellectual and/or developmental disabilities since 1954.

Affiliated with The Arc of the U.S. and The Arc of Michigan.

A member agency of



- | | |
|-----------|----------------|
| Teresa | Alfieri |
| Nicholas | Anders |
| Anastasia | Bozymowski |
| Naia | Cook |
| Miranda | Cowan |
| Desiree | Estrada |
| Jimmy | Hamric |
| Andrew | Holewinski |
| Cheyenne | Jamieson |
| Danielle | Jarbo |
| Robert | Jarvis |
| Dillon | Marshall-Alley |
| Amanda | Michalik |
| Jacob | Moody |
| Karen | Nicksich |
| Jasen | Roberts |
| Tammie | Schroeder |
| Caroline | Slowik |
| Chris | Taylor |
| Ebony | Vanmarter |

Advocates:

Working to fulfill the mission in accordance with the Arc of the United States, advocating for individuals who are intellectual developmentally disabilities and/or cognitively impaired and their families by promoting choices, creating opportunities and providing support needed to fully participate in the community.

Serving eighteen communities in the Downriver area for 65 years: Allen Park, Brownstown Township, Ecorse, Flat Rock, Gibraltar, Grosse Ile, Lincoln Park, Melvindale, New Boston, River Rouge, Riverview, Rockwood, Romulus, Southgate, Taylor, Trenton, Woodhaven and Wyandotte.

Let the **\$hopping** Begin!

Free Santa Shop for Arc Downriver Members ONLY!

Place: The Arc Downriver

Date: Sunday, December 3

Time: 1:00-2:00pm

- ❖ **Free gifts, cookies and coco**
- ❖ **Free picture with Santa and gift wrapping**

\$5 Below Christmas Store this is open to the public and members

Everything will be \$5 or less.

Place: The Arc Downriver

Date: Sunday, December 3

Time: 2:00 - 3:00pm



*Memorial Donation in Loving
Memory of Robin Takacs*

*"She warmed our hearts and always made the
journey through life better and more loving."*

Given by : Michael O'Brien and Family

Thomas and Stephanie Nankervis

Ken Winstrand

Chris Hoehner

Lynne, Randy and Todd Schroeder

Kathleen Clark

Betsy Ukrop

David Ukrop

Anthony Kotlarczyk

Diane Reed

The Arc Downriver Memorial Fund

*Memorial Donation in Loving Memory of
Alan Witchelhouse*

Given by: Darleen

Kristie Senik

Scott Sabo

April Labadie

Corey McCardle

Becky Karakash

Penna Meloche

Joseph Manzella

Rosemary Keller

Latoya Egler

Kerri Funk

The Arc Downriver Memorial Fund



*Memorial Donation in Loving
Memory of Joan Glinski*

*Given by : Dennis Glinski
The Ohls Family
The LaForet Family
David Mulligan
QBE Corp Services Business Delivery Team
The Felice Family
The Arc Downriver Memorial Fund*



*Memorial Donation in Loving Memory
of Pam Bush*

*Given by: Mary Merriman and Family
The Arc Downriver Memorial Fund*



*Memorial Donation in Loving Memory
of Stanley Doroshewitz*

*Given by: Anthony Kotlarczyk
The Arc Downriver Memorial Fund*

Art at the Arc News

**They are in need of volunteers to help with Wednesday night classes.
Please call the office if you are interested at (734) 283-0710.**

Art at the Arc is a therapeutic acrylic painting class. The 4-week sessions takes place at the Arkay Building (5:30 - 7:00 pm) and is taught by *Elroy Grandy*, one of Downriver's finest artists.

There is a \$25.00 fee per 4 week session.

- ◆ Artists please pay during class, not at the Arc Downriver office, on or before each session so that we may plan accordingly as classes fill up quickly. **Each class session is limited to 16 students this year**, make sure you register before each 4 week session.

Art at the Arc Class Registration for January 10, 13, 24, 31

\$25 Fee is Non-Refundable and Non-Transferable

Name: _____

Phone Number: _____ Email _____

Amount Paid _____ Cash _____ Check # _____ Staff Initials _____

Art at The Arc staff would really appreciate it if all art students pay for their monthly art class fee during Art Class hours not at the office. If for some reason you are unable to do this, and have paid at the Arc Downriver office, please bring your receipt on the evening the class begins so the staff will know that you have paid for that class and can add your name to the list of students. If you can not pay, but would like to participate contact the office (734-283-0710) or tell a staff member.

Thank you

Staff and Volunteers



The Advocates at The Arc Downriver would really like to offer presentations and trainings to self-advocates, family members, education staff, agency staff and community members, but we simply do not have the funds to do so. The trainings/presentations would be on topics that relate to education (IEPs, suspensions, behavior interventions, etc.), independent living (how to obtain housing, recreation, access community supports, etc.), health issues (CPR Training, seizure training, etc.) and more!

Lori and Linda would *love* to be able to share some of their knowledge, answer your questions and provide support. **Please consider donating!** If you would like to support this endeavor through a donation, please write **for ADVOCACY Trainings** in the memo line of your check and mail it to: The Arc Downriver, 1028 Oak Street, Wyandotte, MI 48192. *Thank You!*

Thank You!

*Thank you very much for your
November Donations:*

- ◆ Our Monthly Donators: Craig Soubliere and Jean Dowis.
- ◆ Natalie Egler
- ◆ The Detail Shop in Wyandotte
- ◆ The Knight of Columbus of Grosse Ile
- ◆ The Rosinski Family
- ◆ Terry Frodyma-Griffith
- ◆ Irene Coleman for her Art at The Arc Donation.
- ◆ Tricia Sabat for Pizza at the December Dance Program.
- ◆ Theresa Beard
- ◆ Mr. Tim Woolley, Mayor of Taylor
- ◆ The Ford Senior Center in Taylor.
- ◆ The City of Allen Park for their Vibe Sports Donation.
- ◆ Alice Votry for donating part of her 50/50 winnings back to us!
- ◆ To all that donated baskets for our Fundraiser.
- ◆ To all that volunteered the night of the Halloween Dance Sports Fundraiser! It was an AWESOME night!

We raised \$2,852 for our Sports Program at the fundraiser.

**Our Monthly Dance is Saturday, December 16
6:00 - 8:00 pm at the Arkay Building on Eureka Rd.**

***You MUST call or email the office to let us know you will be
attending for us to have a enough for all.***

**The cost of the pizza for this dance is provided by Tricia Sabat.
You MUST RSVP due to the pizza being ordered a head of time.**

You can bring your own pop, water or coffee to the dance.
Bottled water will be available.

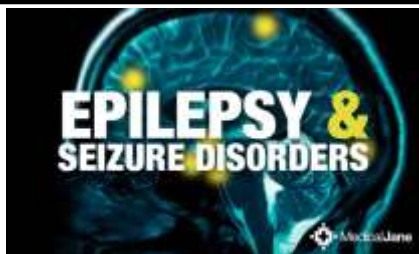
You **MUST** be a member to attend. Your friends **MUST** also be a member to
attend. We welcome their support of the Arc Downriver.

If your membership has expired, please contact the office at 734-283-0710 or go to our website
at downriverarc.org to fill out the form and pay on line.

If you haven't already done so, please fill out a new emergency card and a new Consumer
Policy Form. There will be copies at the door.

Our Next Dance is Saturday, January 20, 2024.

Welcome to the Advocate Corner



Things to Know About Epilepsy

There are many different types of epilepsy, a brain disorder that can cause repeated seizures, and many different types of seizures. Someone who has seizures may take medication, have surgery, follow certain diets, or use medical devices to help control their seizures to allow them to function better in their everyday life.

Epilepsy is common. In fact, some of you might know someone with epilepsy, but you may not know how common epilepsy is in the United States. The estimate is that there are about 3.4 million people with active epilepsy, including both adults and children. And, for those that know someone with epilepsy, you might be at an increased chance of witnessing a seizure or offering help, and those of us that do not know someone might not even know what a seizure looks like.

Seizures can look very different for everyone. The most common one people might be familiar with is seeing someone falling down and shaking. However, that is not the most common. More often, the person having a seizure may seem confused, stare off into space, wander around, make unusual movements, or be unable to talk or answer questions. Because of the varying types and degrees of seizures, it can be difficult to tell if someone is actually having a seizure, so for those that are around epileptic people, it can be important to learn how to recognize the different types of seizures.

Once you recognize that someone is having a seizure it is important to call for help and provide first aid. This can involve keeping the person safe from injury until the seizure ends, comforting the person once they are alert and let them know what happened by speaking calmly and in plain terms. It is important to know that a person should never be held down or try to stop their movements. Nothing should go in the person's mouth, as this could injure them, and do not give them mouth-to-mouth or offer them anything to eat or drink until they are fully awake.

References:

5 things you should know about epilepsy (2023) Centers for Disease Control and Prevention. Available at: <http://www.cdc.gov/epilepsy/communications/features/5things.htm> (Accessed: 25 October 2023).


Get seizure smart! (2023) Centers for Disease Control and Prevention. Available at: <http://www.cdc.gov/epilepsy/communications/features/firstaid.htm> (Accessed: 25 October 2023).



December 2023

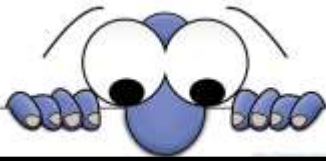


PLEASE NOTE: Photos and/or video may be taken at all of the Arc Downriver sponsored events (sports, art, etc.). These images may be used in print and/or electronic media.
 IF you would prefer that your image NOT be used, please contact the Arc Downriver office.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Fall Bowling 2:30-4:00 Indian Lanes Office Is Closed	2
3 Santa Shop at the Arc Downriver Office 1-2pm & 2-3pm See Flyer for times.	4 Basketball Practice	5	6 Art at the Arc 5:30-7:00pm at the Arkay building Basketball Practice	7	8 Fall Bowling 2:30-4:00 Indian Lanes Office Is Closed	9
10	11 Basketball Practice	12 7:00 pm Christmas Concert at Sophia's Banquet Center 1519 Oak Street, Wyandotte	13 Art at the Arc 5:30-7:00pm at the Arkay building Basketball Practice	14	15 Fall Bowling 2:30-4:00 Indian Lanes Office Is Closed	16 Dance 6-8pm at the Arkay Building MUST RSVP! 734-283-0710 or arcriver@sbcgl obal.net
17	18 Basketball Practice	19 Office Closed	20 Art at the Arc 5:30-7:00pm at the Arkay building Basketball Practice	21	22 Office Is Closed	23
24 CHRISTMAS EVE!	25 	26 Office Is Closed	27 No Art Class No Basketball Practice Office Is Closed	28 Office Is Closed	29 Office Is Closed	30
31 NEW YEARS EVE!						

***Participants in Adventure Club, Art at the Arc and the dances MUST be current Arc Downriver members, have a signed Consumer Activity Policy on file, and have a current Emergency Card on file. If you have not updated your Emergency Card lately, renewed your membership or signed the new Consumer Activity Policy, please see the staff.**

Proudly serving eighteen communities in the Downriver area for over 65 years: Allen Park, Brownstown Township, Ecorse, Flat Rock, Gibraltar, Grosse Ile, Lincoln Park, Melvindale, New Boston, River Rouge, Riverview, Rockwood, Romulus, Southgate, Taylor, Trenton, Woodhaven and Wyandotte.



A Friendly Reminder: It's Time to Renew!
Please help the Arc Downriver continue it's mission.
WE NEED YOU!

Please renew your membership by mail, bring to the office or pay on-line at downriverarc.org as soon as possible! Thank you!

Please note that being a member of another Arc does not mean you are a member of the Arc Downriver. Your updated Membership is required and must be up to date to be able to participate in the following: Dances, Sports Programs, Arc Downriver events, Adventure Club, Art at the Arc or receive your requested mailed newsletter.

Donald Barber	7/31/2023
Rebecca Benavides	4/30/2023
Jeffrey Bertolino	8/31/2023
Tina Boichot	1/31/2023
Jirard Bond	8/31/2023
Michael Bozymowski	1/31/2023
BreAnna Bray	5/31/2023
Melanie Case	1/31/2023
William Cloutier	10/31/2023
Dennis Cullinan	10/31/2023
April Davey	1/31/2024
Robert Deason	12/31/2023
Derrick Donaldson	12/31/2023
Desiree Estrada	12/31/2023
John Gentis	12/31/2023
Bill Gies	1/31/2024
Cindy Gourlay	10/31/2023
Yul Green	11/30/2023
Carlos Gutierrez	7/31/2023
Natalie Halko	10/31/2023
Lisa Hall	10/31/2023
Trevor Hamm	3/31/2023
Brittany Harris	3/31/2023
Patti Heitchue	11/30/2023
Laurie Hernadez	8/31/2023
Johnny Huebner	12/31/2023
Lori Huntington	9/30/2023
Jessica Hutchison	4/30/2023
Daryl Jamieson	5/31/2023
Emmanuel Jimenez	11/30/2023
Linda Junod	10/31/2023
Jarret Kronell-Becker	1/31/2024
Lora Latendresse	1/31/2024
Rachel Lessard	7/31/2023
Karen Lucy	8/31/2023



Frank Manzari	11/30/2023
Delia Martin	10/31/2023
Isabella McManus	3/31/2023
Amy Nael	3/31/2023
Tom Nankervis	11/30/2023
Rachel Noche	5/31/2023
Kelly Patz	1/31/2024
Colleen Paul	4/30/2023
Tamra Perkins	9/30/2023
Brian Pullum	1/31/2024
William Ray	1/31/2024
Shane Rickard	1/31/2024
Ruth Rose	10/31/2023
Maria Rosiak	1/31/2024
Nicholas Russell	10/31/2023
Rebecca Salinas	4/30/2023
Hailey Sieloff	1/31/2024
Peter Sparkes	1/31/2024
Thomas Stone	9/30/2023
Mike Sullivan	12/31/2023
Daniel Swisz	8/31/2023
Mark Tabor	10/31/2023
John VanCanneyt	1/31/2024

Expired Organizations:	
Helen Home	11/30/2023
Royal Circle Home	8/31/2023
Weddel Home	5/31/2023

If you no longer see your name on this expired list and have not updated your membership in a while you will need to sign-up as a New Member. If you have any questions, please contact the office at 734-283-0710, thank you.

We could use another voice...yours. Please decide to help others. Join the Arc movement.

____NEW MEMBERSHIP OR ____RENEWAL APPLICATION

Type of Membership (check one): ____ Individual ____ Family ____ Group Home

INDIVIDUAL OR FAMILY MEMBERSHIP — Please fill out this section

First Name(s) _____ Last Name _____

Street Address _____

City _____ State _____ Zip _____

Participant's Name _____ Participant's Birthdate _____

Phone Number _____

Email Address _____

Please check one of the following boxes:

Self-Advocate

Professional in the Field of Developmental Disabilities

Self-Determination Home

Parent/Relative of Person with Developmental Disabilities

GROUP HOMES — Please fill out this section.

Group Home Name _____ Phone Number _____

Street Address _____ City _____ State _____ Zip _____

Group Home Manager _____ Number of Residents _____

Please list the group home residents below along with their birthday. Use an additional page if needed.

First Name _____ Last Name _____ Birth Date _____

First Name _____ Last Name _____ Birth Date _____

First Name _____ Last Name _____ Birth Date _____

First Name _____ Last Name _____ Birth Date _____

\$ _____ Membership Fee (\$30 for individual, family, or group home) – **non-refundable**

\$ _____ Additional Donation

\$ _____ Total Amount Enclosed

Arc Downriver
1028 Oak Street
Wyandotte, MI 48192

The Arc Downriver
1028 Oak St.
Wyandotte, MI 48192

Affiliated with:
The Arc U.S.
The Arc Michigan



United Way
Community Services

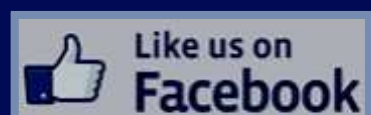


MARK YOUR CALENDAR FOR 2024:

- ◆ **2024 Area Games: Basketball - Saturday, January 20 at Livonia High School**
- ◆ **Polar Plunge 2024: Saturday, February 17 at Belleville Yacht Club**
- ◆ **District Basketball: Saturday or Sunday, March 2 or 3, no confirmed location as of yet.**
- ◆ **2024 Area Bowling: Saturday, March 30 at Plaza Lanes in Plymouth.**
- ◆ **2024 Spring Games: Friday May 10 ay Livonia Franklin High School.**



Help us every time you shop Amazon. Go to smile.amazon.com and select 'Arc Downriver' as your charity of choice.



And SHARE
www.facebook.com
TheArcDownriverOFFICIAL